**(a) Existing video-based human pose estimation models**
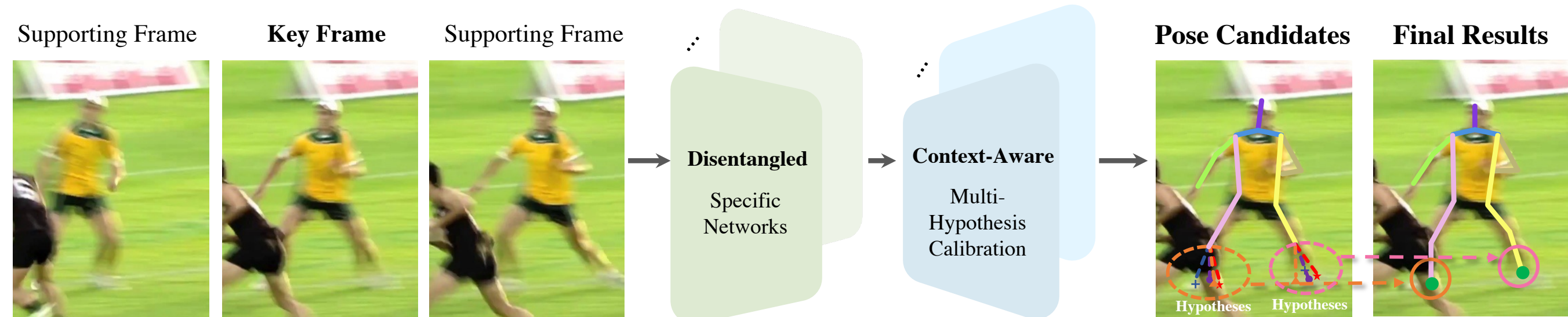
**(b) The proposed FDMC framework**